



2020 - 2021 Skating Season Club Information Document

Please carefully read the following information regarding our skating season.

Due to the impact Covid-19 has had on our club's financial status and registration of our Program Assistants, Waldheim Skating Club has opted to provide skating lessons one day per week for this skating season. We will continue to revisit this decision and, if the opportunity arises to increase this, we will let our members know of any changes.

Our skating coach for this season is **Tracy Mikula**.

Lessons will run **Thursdays, October 29, 2020 through March 11, 2021**.

Our Carnival is scheduled for **Saturday, March 13, 2021 6:30 - 8:00pm**.

Our Program:

- **CanSkate 1-4:** This program is offered for children with at least some on ice experience. Skate Canada has indicated that children in this group must be able to skate forward and backward independently, as well as get up onto their feet without assistance. This is a learn-to-skate program that concentrates on basic agility, balance, and control skills. Under the direction of Coach Tracy and Program Assistants, the skaters will rotate through a circuit designed to target these skills. Please note that skaters will progress through these levels at their own pace and, as a result, may move levels in the middle of the season or start in the same level next season with just a few skills to complete before moving up. This program will run for 45 minutes each skating session.
- **Advanced CanSkate 5-6:** This program is for those students who's skill level has exceeded the circuit training elements of the CanSkate Program. This program focuses on the development of ice dance, free skate, and element skills, but the focus is not on testing or competitions. This program will run for one hour each skating session.
- **Bridge Program:** This program is for skaters who have had advanced CanSkate experience and are able to practice with a certain degree of independence. The focus of this program is to fine tune the final ice dance, free skate and element skills needed to advance to STAR Skate Level 1. This program will run for one and a half hours each skating session.
- **STAR Skate:** This program is for more advanced skaters and focuses on ice dance, free skate and individual element skills. This level of instruction has a Skate Canada Star 1-5 testing component to be completed by our coach (addition Skate Canada Fees apply). This program will run for one and a half hours each session, and participants are required to act as Program Assistants for our CanSkate 1-4 program.

Skating Schedule:

- Skating Lessons will take place on Thursdays, October 29, 2020 through March 11, 2021.
- Skating times are as follows:
 - CanSkate 1-4:** 5:00-5:45pm
 - Advanced CanSkate:** 3:30-4:30pm
 - Bridge Program:** 3:30-5:00pm
 - STAR Skate:** 3:30-5:00pm

On Ice Safety and Equipment:

- Helmets are **MANDATORY** for CanSkate 1-4, Advanced CanSkate, and Bridge Program skaters. The helmets must be CSA certified. **Bicycle or snowboard/ski helmets are not allowed.**
- Only Skate Canada members are covered by our insurance. Non-members are not insured and are therefore not permitted on the ice during scheduled lesson times.
- Skaters in STAR Skate should have their hair pulled back, and should wear a skating dress/skirt and tights or yoga style pants for better mobility on the ice.

The Booth:

- Our club is required to provide workers for a given number of booth shifts at our rink. This usually amounts to one shift per family, but may need to be extended to one shift per skater if scheduling requires it. ****Covid-19 Guidelines may affect this****
- Caution Cheques are taken to cover this booth shift responsibility. We require 1 \$50 cheque per skater, dated November 1, 2020. This cheque will only be cashed if you do not fulfill your booth shift obligation. An online 'Sign Up Genius' schedule will be sent to the email address you provided, as soon as we know the dates our club is required to work. If you cannot come for your scheduled time, please make arrangements to trade with another parent or have another adult come in your place.
- Please do not just fail to show up, as it puts us in a bind. Please let a member of the committee know if you are unable to find a replacement.

Fundraising:

- **Steeped Tea/Poinsettias:** In order to keep our fees as low as possible, we are asking each skater to fundraise by selling \$75 worth of product for the club. This amount can be reached by participating in either, or both, of these fundraisers. The Steeped Tea fundraiser will run September 29, 2020 through October 29, 2020. Cheques and forms may be dropped off at Melissa's Home (2037 Pineridge Drive) or handed in on the first day of skating, October 29th. The dates of the Poinsettia fundraiser will be released as soon as possible, but will be sometime in November with a December delivery date.

Fundraising (continued):

- **Skate Canada Lottery Tickets:** We are asking families to sell one lotto ticket book per skater. Tickets are \$5 each with a book costing \$100. A caution cheque will be required, and it will only be cashed if you ask us to, or if your full lottery ticket book is not returned. We receive 100% of the money from these sales back to our club, which makes it a very important fundraiser for us to keep our fees down.

Carnival:

This is our culminating performance at the end of the season, where every skater will showcase their new skills! Every family is required to help with the carnival in some capacity (set up, tear down, etc.). A 'Sign Up Genius' schedule will be sent out closer to the date. More details about carnival will be released as the year goes on, as they may be impacted by restrictions due to Covid-19.

Program Assistants:

PA's are STAR Skaters who act as coach helpers. They are responsible, under the direction of the coach, for additional supervision, coaching, and encouragement of our younger skaters during the CanSkate program.

Lesson Cancellations:

On occasion, due to extreme weather, lessons may have to be cancelled. We try our best to avoid this, but we will notify our members via our Facebook page and email. Please watch for these announcements, especially on very cold days.

Additional Covid-19 Regulations:

- Skaters should be screened at home for any symptoms of Covid-19. Skaters will not be permitted on the ice if they are ill (we understand cold noses can be a bit runny on the ice, but the discharge should not be coloured).
- Skaters will have to use one door for entering and another for exiting. Signage will be on display.
- Skaters will not be permitted to use dressing rooms, instead chairs will be distanced along the wall by the rink. Skaters are asked to only touch their own chair and belongings.
- Skaters are asked to bring their own water bottle, as the fountain will be unavailable for drinking.
- Handwashing and sanitizing are recommended upon entering and exiting the building.
- PA's and coaches are required to wear masks when working with CanSkate participants. They are not permitted to touch our help skaters stand up.
- Only one adult or caretaker is permitted to enter the building with each skater. When watching lessons, social distancing rules must be followed.

Parent Liaison:

Rachelle Dueck and Melissa Ens will be our parent liaisons this year. Please contact either one of us with any questions, comments, or concerns and we will bring them to the committee's attention for discussion. When upset, we ask that you use the '24 Hour' rule before contacting our liaison, as it will give time to reflect and think about the situation after the heat of the moment has passed. Coming to the committee for full information, rather than discussing and sharing the opinions of others, will also help us resolve issues in a smooth manner. This will help us all remain subjective as we work together to find solutions.

Waldheim Skating Club Committee:

Melissa Ens: President, Parent Liaison, Parks & Rec Representative, WRCI Representative

Cosette Janzen: Secretary

Kristyn Kosokowsky: Treasurer

Jen Stricker: Assistant Treasurer, Registrations, Alternate Meeting Representative

Rachelle Dueck: Parent Liaison, Fundraising Coordinator

We will keep our Facebook page 'Waldheim Skating Club' up to date with any pertinent information. You can also find copies of all our forms on the page.

Our email is waldheimskatingclub@gmail.com if you prefer to contact us this way.

We look forward to a successful year of skating with your family! Please feel free to contact one of us if you need to, we are happy to help!

Melissa Ens, WSC President

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Waldheim, SK

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306.916.7021

This contact information can be used to complete the KidSport paperwork :)